

**XVI. INTERNATIONAL CONGRESS OF THE
SOCIETY OF TEACHERS OF GENERAL/FAMILY
MEDICINE (DNOOM)**

**EUROPEAN FORUM ON
PREVENTION AND PRIMARY
CARE**



**DNOOM/
ATGPFM**



“SYMPTOMS AND SIGNS - PATHWAY TO DIAGNOSIS”

Zagreb
Hotel Antunović
5. March - 9. March 2025.

**Under the high patronage of the President of the Republic of Croatia,
Ministry of Science, Education and Youth, Ministry of Health, City of Zagreb**



WELCOME WORD

Ladies and Gentlemen, Esteemed Colleagues

It is with great honor and pleasure that we convene this Congress dedicated to the ongoing medical education of family medicine physicians. We firmly believe that, like its predecessors, this Congress will significantly contribute to the enhancement of the knowledge and competencies of all participants.

As a fitting introduction to our Congress, the EUROPREVa Forum (European Network on Prevention and Health Promotion in Family Medicine and General Practice - European Organization for Prevention and Health Promotion in Family/General Medicine) will be held from March 5th to 6th, 2025. The theme of the Forum is "Implementing Evidence-Based Prevention in General Practice – What to Prevent When Preventing," a topic of which we are particularly proud.

The Congress theme is "Symptoms and Signs - the pathway to diagnosis." We consider this title to be interesting, attractive, and broad enough to allow us to cover topics that are useful in patient care despite time constraints and unnecessary administrative burdens.

For the second consecutive year, we continue our successful collaboration with our hospital colleagues. This year, within the Congress, we have a separate session with endocrinologist colleagues. During this session, we will address the most common endocrine disorders, recent guidelines related to these disorders, and discuss in a friendly atmosphere the common problems we face, all with the aim of improving patient treatment outcomes.

As always, we can expect interesting lectures, panel discussions, debates, workshops, sections for young scientists and researchers, case presentations, open topics, a rich poster section, and the announcement of the most successful presentations with generous awards.

Join us at the Congress and let us demonstrate unity in the continuous struggle for the profession.

On behalf of DNOOM

Assoc. Prof. Dr. Jasna Vučak, President of DNOOM





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"Symptoms and Signs – Pathway to Diagnosis"



Thursday, 06.3.2025. (TOMISLAV HALL 3 – 4)

...jer liječenje je umijeće i umjetnost – ...because treatment is a skill and an art

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"Symptoms and Signs – Pathway to Diagnosis"



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Friday, 07.3.2025. (TOMISLAV HALL 5 - 6)

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18:05 – 19:00 Annual General Meeting of DNOOM	18

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09:00 – 10:00 Peripheral joint pain – Bašić Marković, N.	19
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14:45 – 16:05 ASSOCIATION SESSION	



"Symptoms and Signs – Pathway to Diagnosis"



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16:05 – 17:05 From Symptoms to Health Anxiety – Ljubotina, A. 20

20:00 – 22:00 (BEETHOVEN HALL) 20

Announcement of Laureates and presentation of awards for the most successful papers - young scientists/teachers, case studies, free topics, posters

Saturday, 08.3.2025(TOMISLAV HALL 5 - 6)

09:00 – 09:30 KEY NOTE SPEAKER: Vitamin D and cognition – Bogdanović, N. (Sweden) – virtual 21

09:30 – 10:30 Itching – Kranjčević, K. 21

11:00 – 12:00 Insomnia symptom in the family doctor's office – Mrduljaš-Đujić, N. 21

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12:45 – 13:00 SPONSORED LECTURE: Use of bilastine in the modern treatment of allergic diseases – Selbixo – Penezić, A. (otolaryngologist) 21

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14:00 – 14:40 PANEL DAY: Multiprofessional cooperation in the treatment of obesity – moderator, endocrinologist, psychotherapist, nutritionist, abdominal surgeon - Vučak, J., Baretić, M., Balabanović Mavrović, J., Radolović, K., Durut Čupev, T. 21

14:40 – 15:00 KEY NOTE SPEAKER: Švab, I. (Slovenia) 21

15:00 – 15:50 ROUND TABLE: POC (Point of care) - Ultrasound in family medicine as a diagnostic tool – Diminić-Lisica, I., Gmajnić, R., Iakob, M. (pediatrician, Romania) – online, Balint, I., Soldo, D., Rakić Matić, J., Sabljak Malkoč, D., Portolan Pajić, I. 21

15:50 – 16:05 KEY NOTE SPEAKER: Family doctor in the network of interactions: How to manage polypharmacy and multimorbidity in chronic patients - Jatić, Z. (Bosnia and Herzegovina) 22

16:05 – 17:05 Weakness and fatigue – Popović, B., Zavidić, T. 22

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Announcement of Laureates and presentation of prizes for the most successful works - young scientists/teachers, case reports, free topics, posters - Joint dinner 22

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05.03. - 09.03. 2025. - Hotel Antunović



SCIENTIFIC PROGRAM/REVIEW

Srijeda, 05. 03. 2025. (DVORANA TOMISLAV 3 – 4)

09:00 – 18:00 REGISTRATION

9:00 – 9:30 Opening Ceremony

- Vučak, J. – Forum Chair
- Cerovečki, V. – University representative
- Brodersen, J.B. (Denmark) – EUROPREV President
- Vinkler, S. (Izrael) – WONCA Europe President TBC
- Portolan Pajić, I. – Ministry of Health

9:30 – 10:00 Opening Speech: Priorities in Prevention – Piessens, V. (Belgium)

10:00 – 10:30 COFFEE BREAK (Poster 1.-5.)

- Prevalence of COVID-19 in Prishtina, Kosovo: a population-based cross-sectional study – Bojaj, G., Hoxha, I., Zhubi, E., Agahi, R., Lama, R. (Kosovo)
- Prognostic models of chronic kidney disease progression based on artificial intelligence algorithms – Escalona González, S., González Milán, Z. (Cuba)
- NHS app awareness service – Thakker, D., Heffernan, C. (United Kingdom)
- 'Winter Fit': Pilot of the key role community pharmacy plays in prevention and protecting our older population during winter – Thakker, D., Heffernan, C. (United Kingdom)
- New Osteoporosis Screening Program in the Czech Republic: Enhancing Early Detection and Management – Pokorna, M. (Czech Republic)

Croatian models of preventive activities

10:30 – 11:00 National preventive program "The hunt for the silent killer" – Jelaković, B.

11:00 – 11:25 The role of lung cancer screening program in the prevention of cardiovascular diseases – Tudor-Špalj, V., Popović, B.

11:25 – 11:50 Vaccination in Croatia – Kranjčević, K., Diminić-Lisica, I.

11:50 – 12:15 Preventive panel for breast cancer in family medicine - the role of GP? – Karuza, J.

12:15 – 12:30 Family physicians' mental health - the need for prevention – Vlah Tomičević, S., Bralić Lang V.

12:30 – 13:20 LUNCH BREAK (Poster 6.-10.)

- Preserving mental health in the community: The "Life" Club of Treated Alcoholics, Brač, Croatia, and its connection to the Netherlands' experience – the EUPROMENS project - Mrduljaš Đurić N., Rojnić Palavra, I., Kosor Ljoka, J.
- Iron Deficiency Anemia as the Initial Presentation of Ascending Colon Adenocarcinoma in a Young Adult Male – Hrgović, Z., Krstulović, J., Tavra, A., Ivanović, T., Jovović, B., Meštrović, T. (Croatia)
- Enhancing Social Health through Community Integration – Silva Ribeiro, S., Fortunas Teixeira, M., Teresa Nunes, M. (Portugal)
- A Rare Effect of a Common Drug: a case report – Silva Ribeiro, S., Fortunas Teixeira, M., Teresa Nunes, M. (Portugal)
- Development and Implementation of Methodology for School Preventive Health Screenings for Children: The Proactive Role of Public Health in Early Detection of Health Problems – Terzić, E., Skomorac, M., Kovač, I., Terzimehić, A., Kuduzović, E., Sarajlić-Spahić, S., Husković, A., Selimović, L., Hasanica, N. (Bosna and Hercegovina)



"Symptoms and Signs – Pathway to Diagnosis"



Lifestyle and prevention

13:20 – 13:50 Lifestyle and prevention: what is the role of GP? – van de Laar, L. (Netherlands)

13:50 – 14:10 Osteoporosis screening using ultrasound calcaneus densitometry in the population of Zenica-Doboj Canton, FbiH – Terzimehić, A., Kuduzović, E., Skomorac, M., Sarajlić - Spahić, S., Terzić, E., Kovač, I., Gladan, A. Hasanica, N. (Bosnia and Herzegovina)

14:10 – 14:30 Evaluation of User Satisfaction: the portrait of a Family Health Unit in Portugal – Silva Ribeiro, S., Fortunas Teixeira, M., Baptista Alves, J. (Portugal)

General Health Checks

14:30 – 15:00 Benefits from general health checks – Öztora, S. (Turkey)

15:00 – 15:30 Overview of practices regarding general health checks across the Europe – Petričušić, I.

15:30 – 15:50 Pneumococcal Vaccination in Patients with Heart Failure: a Quality Improvement Program in Portugal – Silva Ribeiro, S., Fortunas Teixeira, M., Baptista Alves, J. (Portugal)

15:50 – 16:00 COFFEE BREAK (Poster 11.-12.)

- Impact of Parental Habits and Attitudes on Oral Health of Preschool-Aged Children: Implications for Public Health Interventions – Terzić, E., Skomorac, M., Kovač, I., Terzimehić, A., Kuduzović, E., Sarajlić-Spahić, S., Hasanica, N., Mehic-Durmić, K., Zukić, A., Kakanjo, S., Bajrić, E., Meškić, J. (Bosnia and Herzegovina)
- Health promotion initiatives for migrant women: A scoping review protocol – Julius, B. (Ireland)

16:00 – 16:30 Practices of low value or unnecessary practices in vascular prevention – Brotons, C. (Spain), Moral, I. (Spain)

16:30 – 17:00 Smoking cessation: how can we help our patients? An overview of the Dutch practice – Heemstra, I.

17:30 – 18:30 Delegates meeting

19:30 - 21:00 Formal dinner



"Symptoms and Signs – Pathway to Diagnosis"



Thursday, March 6, 2025 (TOMISLAV HALL 3 – 4)

09:00 – 18:00 REGISTRATION

9:00 – 10:15 Workshop: Learning from different healthcare models in prevention in primary care – Rodriguez Benito, L. (UK), Cabezas, C. (Spain), Cumar, P. (UK), Junghans Milton, C. (UK)

Workshop conclusions

10:15 – 10:30 COFFEE BREAK (Poster 13.-14.)

- Evaluation of the implementation of a Spanish online training course on screening and brief interventions SBI in alcohol consumption for Primary Care Professionals PCP “Mojate con el alcohol” (Get involved in addressing alcohol consumption) – Camarelles Guillem, F., Cordoba Garcia, R., Justo Gil, S., Rodriguez Benito, L. (Spain)
- Simulation education project in primary healthcare – Opančar, F., Mašić Prpić, A., Cerovečki, V. (Croatia)

WONCA NETWORK LECTURE

10:30 – 11:00 Teaching postgraduate students about prevention in family medicine – Cerovečki, V. (EURACT, Medical faculty Zagreb)

11:00 – 11:30 Overdiagnosis and quaternary prevention: differences and similarities – Mrduljaš Đujić, N. (EURIPA)

11:30 – 11:50 New models to implement prevention in primary care: learning from the Brazilian Family Health Strategy in the UK – Herweijer, T., Elshishtawy, M. Rodriguez-Benito, L. (United Kingdom)

11:50 – 12:10 Brief Guide for screening and brief intervention in risky and harmful alcohol consumption (SBI) in Primary Care (Spanish Society of Family and Community Medicine, semFYC) – Camarelles Guillem, F., Rodriguez Benito, L., Cordoba Garcia, R., Justo Gil, S. (Spain)

12:10 – 12:30 Cardiometabolic diseases and healthy lifestyle behaviors among patients applied to educational family health center – Akcakaya, M., Parıldar, H., Merder, D. (Turkey)

12:30 – 12:50 Prevalence of prediabetes and other metabolic abnormalities in previously considered healthy male-population with obesity in Poland - a retrospective, observational, multicentered study – Ledwoch, J., Babicki, M., Mastalerz-Migas, A., Kłoda, K. (Poland)

12:50 – 13:10 "Talking health", outreach education with vulnerable communities – Rodriguez, L., Sloggett, C., Matthews, J. (United Kingdom)

13:10 – 13:30 Level and factors associated to zero dose children in Mozambique – Chissaque, A., Guimarães, E., Maculuve, B., Conjo, C., Paulo, A., De Deus, N., Chicumbe, S., Augusto, O. (Mozambique)



"Symptoms and Signs – Pathway to Diagnosis"



13:30 – 14:10 LUNCH BREAK (Poster 15.-18.)

- Preventive approach to seeking help for mental health problems through opportune use of the questionnaire on anxiety and depressive disorders in family medicine – Petrovčić, M., Zymak, R. (Croatia)
- The prevention of scabies – Vlašić, V., Nives Bunić, N. (Croatia)
- Association of hypertension with risk factors among the student population of the University of Zenica – Jonjić-Trifković, M., Gladan, A., Kuduzović, E., Sarajlić-Spahić, S., Begagić, S., Terzimehić, A., Salčinović, F. (Bosnia and Herzegovina)
- Screening for Diabetic Retinopathy in Diabetes Mellitus by the Endocrinologist – Pavić, A., Zibar Tomšić, K. (Croatia)

Cancer screening and prevention

14:10-14:40 Cancer screening and prevention – Brodersen, J.B.

14:40-15:10 National preventive program for lung cancer in Croatia – results from first phase – Samaržija, M., Amerl Šakić, V.

Family medicine core values

15:10 - 15:40 Family medicine core values – why should we consider them when preventing? – Martins, C.

15:40 - 16:00 Framework and implementation of the new preventive program in Croatia – Benjak, T.

16:10 - 16:30 Closing Ceremony - announcement of the best posters and oral presentations

16:30 – 18:30 CASE PRESENTATIONS

Leaders: Kranjčević, K., Vučak, J., Radeljić, V. (cardiologist)

1. Report of a young patient with osteoporosis – Đurđević, A., Kelava, I.
2. Acute hyponatremia in elderly patients on combined diuretic therapy – case reports – Jankov, K., Jug, J.
3. Patient with subarachnoid hemorrhage in a family medicine practice – Furač, M.
4. Ramsay Hunt syndrome in a seventeen-year-old girl – case report – Đuran, I., Čavar, J., Zelić, I., Turk, K., Cerovečki, V.
5. A man with hyperthyroidism – Šimunović, I., Majdak, J., Bertić, M., Šućur, I., Bistrović, K., Orlić Neretljak, I.
6. Drug rash caused by perindopril: a diagnostic challenge – Degeneghi, R., Crnalić, O., Pintarić Japec, V.
7. Diagnostic challenge of atypical urticaria in a patient with multiple comorbidities: approach to paraneoplastic NSCLC and the importance of a multidisciplinary team – Bilić-Pavlinović, A., Bedeniković, S., Šimunović, I., Majdak, J., Vladić, A., Topličan, I.
8. Benign paroxysmal positional vertigo – Benjak, N.
9. A rare case of aortitis: diagnosis, therapy and outcome – Šućur, I., Šimunović, I., Prgeša, S.
10. Peripheral arterial disease of the lower extremities - Keček, I.





"Symptoms and Signs – Pathway to Diagnosis"

Thursday, 6. 3. 2025. (TOMISLAV HALL 5 – 6)

11:10 – 13:10 YOUNG SCIENTISTS/RESEARCHERS

Leaders: Popović, B., Zavidić, T.

1. Challenges in the diagnosis of ovarian neoplasms – Šarić, B., Živić Tariba, V., Dejhalla, E., Zahirović, D.
2. Clinical inertia in prescribing new antidiabetic drugs – Kurevija, T., Bilić-Ćurčić, I., Canecki Varžić, S., Trica Majnarić, L.J.
3. Care of patients on oral anticoagulant therapy in the family medicine practice – Zibar Abramović, T.
4. Bacterial gastroenterocolitis: antibiotic therapy and carrier status – Belović, M.
5. Clinical picture of celiac disease in adults – Baretić Marinac, M., Diminić Lisica, I.
6. What do inflammatory markers tell us? – Rossi, R., Diminić Lisica, I.
7. Management of periodic fever, aphthous stomatitis, pharyngitis and adenitis (PFAPA) syndrome in a family medicine practice – Maroević, S., Jankov, K.
8. The influence of clinical manifestations of the disease and therapy on the index of the degree of permanent damage in patients with systemic lupus erythematosus – Žgela, M., Šojat, D., Pirić, M., Ljubičić, D., Milas Ahić, J.
9. A patient with hypereosinophilia in a family medicine practice - a case report – Horvat, M., Kranjčević, K.
10. Motivation for reading and writing scientific articles – Bosnić, Z.

13:10 – 14:00 LUNCH

14:00 – 16:15 POSTER SECTION

Leader: Gmajnić, R.

1. My demented grandmother – Gmajnić, A., Bećarević, N. (BiH)
2. Case report of a patient with DVT of the upper extremities – Goja, M.
3. ACNES syndrome – Šargač, V., Vlašić, V., Bunić, N., Poturica Delimar, M., Rukavina Molnar, A., Peček, I.
4. Acute appendicitis – Dumić, L., Sarić, L., Pejčić, B., Dumić, J., Dumić, A., Dautbegović, M.
5. Pyoderma gangrenosum – Erstić, I., Bajković, M., Drča, T., Čakarun, A.
6. Cognitive testing in the family doctor's office – Pfeifer, V., Šunić, K., Jurinić, P.
7. Family psychological support for patients with dementia – Šarčević, M., Bubalović, M., Šunić, K.
8. Insomnia – Jurinić, P., Šarčević, M., Bubalović, M.
9. Rare forms of diabetes – Krajina, I.
10. Itching in the elderly – Stojković, E., Vučković, M., Nikolin, B. (Serbia)
- 11.. Leg weakness as the first symptom of ALS – Zibar Abramović, T., Debelić Vukić, M., Karuza, J.
12. Hereditary hemochromatosis – Šimatić, B., Dumić, L., Sarić, L.
13. Pulmonary tuberculosis – a long road to diagnosis – Ostrun, A., Lozančić Suhina, S.
14. Acute intermittent porphyria discovered at the age of 38 – Ivanković, I., Lesac Brizić, A.
15. Immune thrombocytopenia associated with Helicobacter pylori infection – Radošević, M., Marković, R., Bašić-Marković, N.
16. Gonorrhoea - case report - Petrić, M., Tomčić, M.
17. From first symptoms to diagnosis - Zafirovska, M. (North Macedonia), Harris, M. (UK), Mangione, M. (Italy), Šukriev, Lj. (North Macedonia), Sanden, U. (Sweden)
18. Long-lasting pain with negative findings - Benčić, M., Peček, I.
19. Chronic dry cough in the context of allergic asthma - case report - Vlatković, T., Cvrtila, D., Smolić, A., Javorić, N., Maroević, S.
20. From Parkinson's disease to glioblastoma - the importance of recognizing symptoms and signs - Đolonga, I., Popović, B.



"Symptoms and Signs – Pathway to Diagnosis"



21. Specific approach to the treatment of varicose veins with ulcers in a specialist family medicine clinic – Oroshi, A., Sinožić, T., Kovačević, J.
22. Kimmerle anomaly: from anatomical variant to clinical problem – Dokoza Matejčić, S., Dokoza Terešak, S.
23. Fever of unknown cause and metastatic prostate cancer – Kolar, N., Amerl-Šakić, V.
24. Amoxicillin and Mycoplasma pneumoniae - is it effective? – Remenar, L., Petrić, P., Mišović, L., Šargač, V.
25. Simulation education at the level of primary health care – Opančar, F.
26. Corticosteroid-induced hyperglycemia in a patient with type 1 diabetes mellitus – challenges in the systematic treatment of dermatological disease – Petrić, P., Remenar, L., Mišović, L., Šargač, V.
27. Outpatient microbiological tests in the daily practice of family medicine physicians – Kurevija, T., Kurevija, V., Šojat, D., Pirić, M., Gmajnić, R.
28. Case report Diabetes mellitus type 1– Sarić, L., Dumić, L., Pejčić, B.
29. “Walking and sensation during a student visit” – Pavić, A., Vilibić, M.
30. Tinnitus or something more - Klir Klasić, A., Ćurković, M., Oršolić, M.

16:20 – 16:30 COFFEE BREAK

16:30 – 18:00 FREE TOPICS

Leaders: Bralić Lang, V., Baretić, M. (endocrinologist)

10 most common early symptoms of chronic kidney disease – Bosnar Zelenika, L.

Recognizing and treating health anxiety in the family doctor's office – Hrgović, Z., Krstulović, J., Tavra, A.

Smoking cessation in primary care: a community intervention – Oliveira, AC. (Portugal)

Pelvic pain in women – the role of the family doctor in diagnosis and treatment – Alebić, N.

Understanding, diagnosis and approach to the patient with fatigue in family medicine – Bogdanov, D

Symptoms and signs of heart failure – specifics in making a diagnosis – Crljenko, I.

What can a LOM do when symptoms and signs indicate sexual dysfunction? – Peček, I

Abdominal pain in children – Mešinović, T.

Inflammatory low back pain – Jurković, MA.



"Symptoms and Signs – Pathway to Diagnosis"



Friday, 07. 03. 2024. (TOMISLAV HALL 3 – 4)

09:00 – 18:00 REGISTRATION

Working Presidency: Bralić Lang, V., Vlah Tomičević, S.

9:00 – 10:00 Symptoms in children, the elderly and the infirm – Bralić Lang, V.

1. Symptoms in children – Jaklin Kekez, A. (ped. gastroenterologist)
2. Symptoms in the elderly and the infirm – Bralić Lang, V.
3. Symptoms in oncological patients – Vlah Tomičević, S.
4. Weight loss – Kovachevikj, K. (North Macedonia)

10:00 – 10:10 Discussion

10:10 – 10:40 Presentation of the textbook “Guidelines in the practice of the family doctor II”

10:40 – 11:00 COFFEE BREAK

Working Presidency: Gmajnić, R., Mitkovska, S.

11:00 – 12:00 Dementia – Gmajnić, R.

1. Early signs and prevention of dementia – Gmajnić, R.
2. Therapeutic options for dementia in OM – Mitkovska, S. (North Macedonia)
3. Demented patient as a complex patient – Šakić Radetić, V.
4. Possibilities of hospital care for demented people – Tomić, S. (neurologist) - virtual

12:00 – 12:10 Discussion

COOPERATION OF THE CROATIAN SOCIETY OF ENDOCRONOLOGY AND DIABETOLOGY WITH THE SOCIETY OF TEACHERS OF GENERAL/FAMILY MEDICINE

12:10 – 13:10 Endocrine Patient in Family Medicine Practice (BLOCK I)

1. Subclinical disorders of thyroid function – Dušek, T.
2. Thyroid diseases in pregnancy – Jurić Samardžić, M.
3. Approach to a patient with a thyroid nodule – Balaško, A.
4. Patient with hyperthyroidism – patient presentation – Kranjčević, K.

13:10 – 13:20 Discussion

13:20 – 14:20 LUNCH

14:20 – 15:20 Endocrine Patient in Family Medicine Practice (BLOCK II)

1. Treatment of diabetes in the elderly – Marušić, S.
2. Choosing antidiabetic drugs in patients with kidney disease – Zibar Tomšić, K.
3. Introduction of insulin therapy – Kraljević, I.
4. Principles of deprescribing in patients with diabetes – Novak, A.
5. Complications of DM – patient presentation – Vučak, J.

15:20 – 15:30 Discussion



"Symptoms and Signs – Pathway to Diagnosis"



15:30 – 16:40 Endocrine Patient in Family Medicine Practice (BLOCK III)

1. Approach to a patient with adrenal incidentaloma – Petrović, B.
2. Approach to a patient with suspected endocrinological cause of hypertension – Barać Nekić, A.
3. Osteoporosis – when to refer a patient for densitometry and when to start treatment? – Kaštelan, D.
4. Hyperaldosteronism – patient report – Zalihić, A., Mijić Marić, A., Madić, A. (Bosnia and Herzegovina)

16:40 – 16:50 Discussion

16:50 – 17:05 COFFEE BREAK

17:05 – 17:35 KEY NOTE SPEAKER: Examples of good practices in the organization of family medicine in the United States of America – Kosljv1 , K. (USA) - virtual

17:35 – 18:05 Palliative treatment, screening and early detection of lung cancer - Pleština, S., Krpina, K., Amerl-Šakić, V.

18:05 – 19:00 Annual General Meeting of the DNOOM



"Symptoms and Signs – Pathway to Diagnosis"



Friday, March 7, 2024 (DVORANA TOMISLAV 5 – 6)

Working Presidency: Jug, J., Katić, M.

09:00 – 10:00 How to avoid unnecessary tests on the way to an accurate diagnosis - Jug, J., Katić, M.

1. How to approach diagnostics in patients with unexplained symptoms - Ivetić, V. (Slovenia)
2. Laboratory and microbiological tests - less is more - Jug, J.
3. Cardiovascular diseases - to whom, what and when? – Kurtić, E. (cardiologist).
4. Is all back pain the same? – Omerbašić, M.

10:00 – 10:10 Discussion

10:10 – 10:40 Presentation of the textbook Guidelines in the practice of family medicine II

10:40 – 11:00 COFFEE BREAK

Working presidency: Vučak, J., Marković, R.

11:00 – 12:00 Symptoms that manifest in the digestive system – Vučak, J.

1. Bitter breath – Marković, R.
2. Constipation and flatulence – Lerotić, I. (gastroenterologist)
3. Hiccups and stool disorders – Gjorgievski, D. (North Macedonia)
4. Burning in the mouth, belching, “lumps in the throat” – Vučak, J., Zelko, E.

12:00 – 12:10 Discussion

Working presidency: Bukmir, L., Ljubotina, A.

12:10 – 13:10 Syncope - approach, diagnostics and treatment – Bukmir, L.

1. Approach to the patient with syncope in general/family medicine – Bukmir, L.
2. Reflex (nerve-mediated) syncope – Ljubotina, A.
3. Cardiac syncope – Mioč, P. (cardiologist)
4. Syncope due to orthostatic hypotension – Fišić Jurković, M.

13:10 – 13:20 Discussion

13:20 – 14:20 LUNCH

Working presidency: Pribić, S., Tundzeva, M.

14:20 – 15:20 Fever as a symptom in the family doctor's office – Pribić, S.

1. Diagnostic significance of fever in family medicine – Pribić, S.
2. Fever in chronic patients – Tundzeva, M., Stavrič, K. (North Macedonia)
3. Fever in a patient with a kidney transplant – Zibar, L. (nephrologist)
4. Fever in oncology patients – Lisica Vučinić, I.



"Symptoms and Signs – Pathway to Diagnosis"



15:20 – 15:30 Discussion

Working Presidency: Diminić Lisica, I., Prepelec, AM.

15:30 – 16:30 Cough, dyspnea, hemoptysis – Diminić Lisica, I.

1. What is behind the cough? – Diminić Lisica, I.
2. Approach to the patient with hemoptysis – Vučak, E. (pulmonologist)
3. Characteristics of cough in patients with heart disease – Fable Karlić, T.
4. Allergic cough – Prepelec, AM.
5. Psychogenic cough – Rotar Pavlič, D. (Slovenia)

16:30– 16:40 Discussion

16:50 – 17:05 COFFEE BREAK

17:05 – 17:35 Small School of Dermatology – Pedić, L. (dermatologist)

17:35 – 17:50 SPONSORED LECTURE: Innovative antidepressant in treatment-resistant depression - Spravato (esketamine) nasal spray – Vidović, D. (psychiatrist)

/JOHNSON&JOHNSON/

17:50 – 18:05 SPONSORED LECTURE: Less is more – can we do better? – Balint, I.

/NOVARTIS/

18:05 – 19:00 Annual General Meeting of the DNOOM



"Symptoms and Signs – Pathway to Diagnosis"



Saturday, 08.03.2025. (TOMISLAV HALL 3 – 4)

Working Presidency: Bašić Marković, N., Mitrović, V.

09:00 – 10:00 Peripheral Joint Pain – Bašić Marković, N.

1. Differential Diagnosis of Peripheral Joint Pain – Bašić Marković, N., Stanković S. (Serbia)
2. Osteoarthritis – Bosnić, Z.
3. Pharmacological Arthritis and Drug-Induced Arthralgias – Radošević Quadranti, N..
4. Neuropathic Disorders of Peripheral Joints – Mitrović, V. (Neurologist, Bosnia and Herzegovina)
5. Phlebarthroses – Sinožić, T.

10:00 – 10:10 Discussion

10:10 – 10:25 SPONSORED LECTURE: Application of Multimodal Analgesia in the Treatment of Moderate to Severe Pain – Aljinović, A. (Physician)

/BERLIN CHEMIE/

10:25 – 10:40 SPONSORED LECTURE: Application of edoxaban in practice - four-year ETNA AF trial – Jurin, I. (cardiologist)

/BERLIN CHEMIE/

10:40 – 11:00 COFFEE BREAK

11:00 – 11:30 SPONSORED LECTURE: Relapsing form of multiple sclerosis and simple application of the drug MAVENCLAD® (cladribine tablets) – Gabelić, T. (neurologist, neuroimmunologist), Marković, M.

/MERCK/

11:30 – 12:15 SPONSORED SYMPOSIUM: Harmony in the treatment of cardio, reno, metabolic syndrome – Introduction – Sabljak Malkoč, D.

Empagliflozin and its place in the CRM concept – Šunić Grčić, I. (diabetologist)

What does empagliflozin offer us in the treatment of chronic kidney disease? – Gulin, T. (Nephrologist)

Strength of Evidence Across the LVEF Spectrum – Lovrić, D. (Cardiologist)

/BOEHRINGER INGELHEIM/

12:15 – 13:00 SPONSORED LECTURES:

The Art of Communication – Beck, N. (Communicator, Radiologist)

What Can I Do Today to Eliminate HPV-Related Cancer – Bralić Lang, V.

/MSD/

13:00 – 14:00 LUNCH



"Symptoms and Signs – Pathway to Diagnosis"



14:00 – 14:15 SPONSORED LECTURE: Treatment of anemia in OM – Bralić Lang, V.
/MEDIS/

14:15 – 14:45 SPONSORED LECTURE: Intervention or inertia – why is it never too early? – Jug, J. - moderator and panelist, Cigrovski Berković, M. (endocrinologist) - panelist, Matias Trbušić, M. (cardiologist) - panelist
/NOVONORDISK/

14:45 – 16:05 ASSOCIATION SESSION

1. Availability of the diagnostic method to doctors in general medicine and cooperation with the secondary level - Petrov - Kiurski, M. (Serbia)
2. Challenges of family medicine doctors in recognizing the symptoms of Multiple Myeloma and referral to a higher referral level in order to establish a definitive diagnosis - Kuprešak, D. (Bosnia and Herzegovina - Republika Srpska)
3. Symptoms and signs of the health system - Stepanovič, A. (Slovenia)
4. Decision-making and diagnosis - Holistic role of primary health care - Šukriev, Lj., Tundzeva, M., Stavrič, K. (Northern Macedonia)
5. From Initial Symptomatology to Definitive Diagnosis. Challenges and Barriers Primary Care Practice – Karmen Busneag (Romania)

Working Chair: Ljubotina, A., Bukmir, L.

16:05 – 17:05 From Symptoms to Health Anxiety – Ljubotina, A.

1. How to Distinguish Health Anxiety from Health Concern? – Ljubotina, A., Podvez, M. (Vascular Surgeon)
2. Health Anxious Person in a Family Environment – Bukmir, L., Fišić Jurković, M.
3. Do Social Media Promote Health Anxiety? – Miljković, A., Vojnović, M. (Serbia) - virtual
4. Orthorexia, disease or not - Stojković, E., Vučković, M. (Serbia)
5. Fear of diagnosis: how initial symptoms cause health anxiety in the context of neurodegenerative diseases - Lesac Brizić, A.

17:05 – 17:15 Discussion

20:00 – 22:00 (BEETHOVEN HALL)

Announcement of Laureates and presentation of awards for the most successful works - young scientists/teachers, case presentations, free topics, posters





Saturday, 08.03.2025. (TOMISLAV HALL 5 – 6)

09:00 – 09:30 KEY NOTE SPEAKER: Vitamin D and cognition – Bogdanović, N. (Sweden) – virtual

Working Presidency: Kranjčević, K., Sabljak Malkoč, D.

09:30 – 10:30 Itching – Kranjčević, K.

1. What is itching in dermatology? – Prtajin, M. (dermatovenereologist)
2. Infections as a cause of itching – Sabljak Malkoč, D.
3. Most common systemic diseases accompanied by itching – Kranjčević, K.
4. Skin allergies – Cojić, M. (Montenegro) - virtual

10:30– 10:40 Discussion

10:40 – 11:00 COFFEE BREAK

Working presidency: Mrduljaš-Đujić, N., Pangerc, A.

11:00 – 12:00 Symptom of insomnia in the family doctor's office – Mrduljaš-Đujić, N.

1. Sleep architecture and insomnia in psychiatric patients – Caratan, S. (psychiatry specialist)
2. Insomnia and its impact on metabolism - Radić, J. (nephrologist, endocrinologist and diabetologist)
3. Sexuality and insomnia - Mrduljaš-Đujić, N., Kostić, M. (Belgrade, Serbia)
4. Insomnia – is it just a symptom? - Pangerc, A. (Ljubljana, Slovenia)

12:00 – 12:10 Discussion

12:10 – 12:30 KEY NOTE SPEAKER: Organization of mobile teams in remoted areas - Danish experience – Svanholm, C. (Denmark)

12:30 – 12:45 SPONSORED LECTURE: Elevated LDL-C: just a number or a call to action – Jug, J. /NOVARTIS/

12:45 – 13:00 SPONSORED LECTURE: Use of bilastine in modern treatment of allergic diseases – Selbixo – Penezić, A. (otolaryngologist) /STADA/

13:00 – 14:00 LUNCH

14:00 – 14:40 PANEL DAY: Multiprofessional cooperation in the treatment of obesity – moderator, endocrinologist, psychotherapist, nutritionist, abdominal surgeon - Vučak, J., Barić, M., Balabanović Mavrović, J., Radolović, K., Durut Čupev, T.

14:40 – 15:00 KEY NOTE SPEAKER: Švab, I. (Slovenia)

15:00 – 15:50 ROUND TABLE: POC (Point of care) - Ultrasound in family medicine as a diagnostic tool – Diminić-Lisica, I., Gmajnić, R., Iakob, M. (pediatrician, Romania) – on line, Balint, I., Soldo, D., Rakić Matić, J., Sabljak Malkoč, D., Portolan Pajić, I



"Symptoms and Signs – Pathway to Diagnosis"



15:50 – 16:05 KEY NOTE SPEAKER: Family doctor in the network of interactions: How to manage polypharmacy and multimorbidity in chronic patients – Jatić, Z. (Bosnia and Herzegovina)

Working presidency: Popović, B., Zavidić, T.

16:05 – 17:05 Weakness and fatigue – Popović, B., Zavidić, T.

1. Fatigue and thyroid dysfunction – Dejhalla, E.
2. Digestive system diseases and fatigue – Poropat, G. (gastroenterologist), Zavidić, T.
3. Neurological diseases with signs of weakness and fatigue – Tudor Špalj, V.
4. Weakness and fatigue in anemia and metabolic disorders in family medicine – Erkočević, H., Trifunović, N. (Bosnia and Herzegovina) virtual
5. Chronic fatigue syndrome – Popović, B.

17:05 – 17:15 Discussion

20:00 – 22:00 (BEETHOVEN HALL)

Announcement of the Laureates and presentation of awards for the most successful works - young scientists/teachers, case studies, free topics, posters - Joint dinner





Sunday, March 17, 2024 (small halls)

9:00 a.m. – 10:30 a.m. WORKSHOP (a total of five separately scored workshops)

9:00 – 10:30 SPONSORED WORKSHOP: Work with a palliative patient - practical skills (catheterization, nasogastric tube, administration of opioids, iv route) - work on examples - Soldo, D. /ELBI MEDICAL/
(Chopin Hall)

9:00 – 10:30 SPONSORED WORKSHOP: Chronic wounds - solving practical problems - Sinožić, T. /MEDICLINE/
(Vivaldi hall)

9:00 – 10:30 Control is coming (HZZO, HLK, sanitary and others) – Tiljak, H., Bašić Marković, N.
(Bach hall)

9:00 – 10:30 You are in the right place if you are looking for answers to questions - recognition consequential OR, continuous sick leave, change of sick leave, change of doctor during PNR, referral to the committee when the scheduled PNR deadline expires,... – Mesić S.
(Mozart hall)

9:00 – 10:30 Everything you need to know about the most important poisonings - diagnosis, therapy – Badrov, K.
(Strauss hall)

10:30 – 10:45 COFFEE BREAK

10:45 – 12:15 WORKSHOP (a total of five separately scored workshops)

10:45 – 12:15 SPONSORED WORKSHOP: Reports of patients treated with Manuka honey (Advancis Medical Adria) – Gmajnić, R.
(Bach hall)

10:45 – 12:15 Practical spirometry - clinical scenarios – Kranjčević K. (Vivaldi hall)

10:45 – 12:15 KMAT-gold standard in management arterial hypertension – Diminić-Lisica, I., Vučak, J., Tudor-Špalj, V. (Mozart Hall)

10:45 – 12:15 How will I pass the specialist exam? – Tiljak, H. (Strauss Hall)

10:45 – 12:15 Probiotics, symbiotics - which, when, how much – Bašić Marković, N. (Chopin Hall)

12:15 – 13:15 LUNCH





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GUIDE FOR LECTURERS

The Lecturer Service Center is located in the Vip A Salon Hall in what we hope will be a pleasant and relaxed atmosphere, every day during the congress from 9 a.m. to 5 p.m. Please submit your lectures by 03.03.2025 at <https://kongres2025.dnoom.hr/prezentacije/>. You will be able to check your lecture at the congress and please submit it to the professional staff. This will personally confirm your presentation. There will be a demo computer in the service center so that lecturers can try out the use of the remote control. Technical staff will be available for all technical questions. Please stick to the time frame (the clock will count down the minutes in the upper right quadrant of the monitor or on a separate screen in front of you). At the last minute, the working presidency will warn you to present your conclusion. Due to the extensive program, exceeding the allotted time will not be possible.

Declaration of interest

The existence of a possible conflict of interest does not necessarily mean an error. However, it is DNOOM's ethical obligation to inform participants so that certain relationships do not cause a possible unintentional error. Therefore, the Scientific Committee will announce a possible conflict of interest for lecturers, chairmen of the working presidency and poster presenters on behalf of DNOOM. All of them are asked to submit a declaration of conflict of interest to the DNOOM Congress Scientific Committee.

Declaration of permission to record.

All lecturers will receive a consent form from the technical organizer for recording their lecture and posting it on the DNOOM website. You can withdraw your consent at any time.

GUIDE FOR PARTICIPANTS

Program changes

DNOOM cannot assume responsibility for program changes that may occur due to external or unforeseen circumstances.

Accreditation

Participants are asked to carry their authorizations at all times during the congress. The colors have the following meaning:

- Lecturers
- Participants
- Exhibitors
- Congress staff
- Guests





Working with young researchers/teachers in family medicine

The section on working with young researchers/scientists is designed to improve presentation and presentation skills within the allotted time and to achieve the best possible presentation with clear messages to the audience. This part of the program is dedicated to the work of young teachers on building and improving presentation skills for transferring knowledge, and is based on personal work with mentor support.

Case presentations

Thursday afternoon is dedicated to case presentations. We believe that the case presentation section has developed into a very popular gathering place for family medicine physicians and specialist clinicians. This part of the program has become a place for discussion and debate about how to handle individual cases, regardless of whether the case is very rare or an everyday problem. Specialist clinicians and family medicine specialists will also participate in the debate interactively with the participants. This time, a specialist cardiologist will be with us.

Free topics

The free topics section becomes more interesting every year. Anyone who wants to share their experiences can find their place – either through the presentation of their own research, review papers or topics of interest to colleagues. The section is richer in participants every year and has established itself as a place where colleagues are happy to participate.

Poster section

The poster section has a format – “one slide, 5 minutes of presentation”. Poster summaries will be published in the Book of Congress Abstracts.

In order to further popularize active participation, we have prepared a rich prize fund. In all of the above sections, a committee will select the first three best papers, the ceremony of which will be organized on Saturday, March 8, 2025, at 8 p.m.





COOPERATION WITH OTHER FAMILY MEDICINE ORGANIZATIONS

This particularly important international cooperation is organized with the Association of Family Physicians of Southeast Europe. List of attending professional associations

1. National Association of Family Physicians of Albania – Mijeku per gjithshem i Familjes



President: Liliana Ramasaco

2. National Association of General Practitioners in Bulgaria – National Association of General Practitioners in Bulgaria



President: prof. dr. sc. Lyubomir Kirov

3. Association of General/Family Medicine Doctors of Montenegro



President: dr. Natalija Popović

4. Association of Family Physicians of the Federation of Bosnia and Herzegovina



President: prof. dr. sc. Zaim Jatić, dr. med.

5. Association of General/Family Physicians of Macedonia



President: dr. sc. Dragan Gjorgjevski, dr. med.

6. Association of General/Family Physicians of the Republic of Srpska



President: mr. sc. Draško Kuprešak, dr. med.

7. Section of General Medicine of Serbia



President: prim. dr. Dragana Trifunović-Balanović

8. Family Medicine Cooperative of Slovenia



President: izv. prof. dr. sc. Aleksandar Stepanović, dr. med., spec. obit. med.

9. Turkish General Medicine Association



President: prof. dr. sc. Esra Saatçi

10. Academic Society of Family Medicine, Romania



President: prof. dr. sc. Carmen Busneag

11. Coordination of Croatian Family Medicine (KOHOM)



President: Zrinka Huděk-Leskovar, dr. med., spec. obit. med.





12.Croatian Association of Family Medicine (HUOM)



President: Marko Rađa, dr. med., spec. obit. med.

13.Croatian Society of Family Doctors – Croatian Medical Association (HDOD-HLZ)



President: Dragan Soldo, dr. med., spec. obit. med.

14.Croatian Association of Primary Health Care Concessionaires (HUGO)



President: Josipa Rodić, dr. med., spec. obit. med.

Most of the listed professional societies are members of:

15.Associations of general practitioners/family medicine practitioners of Southeast Europe



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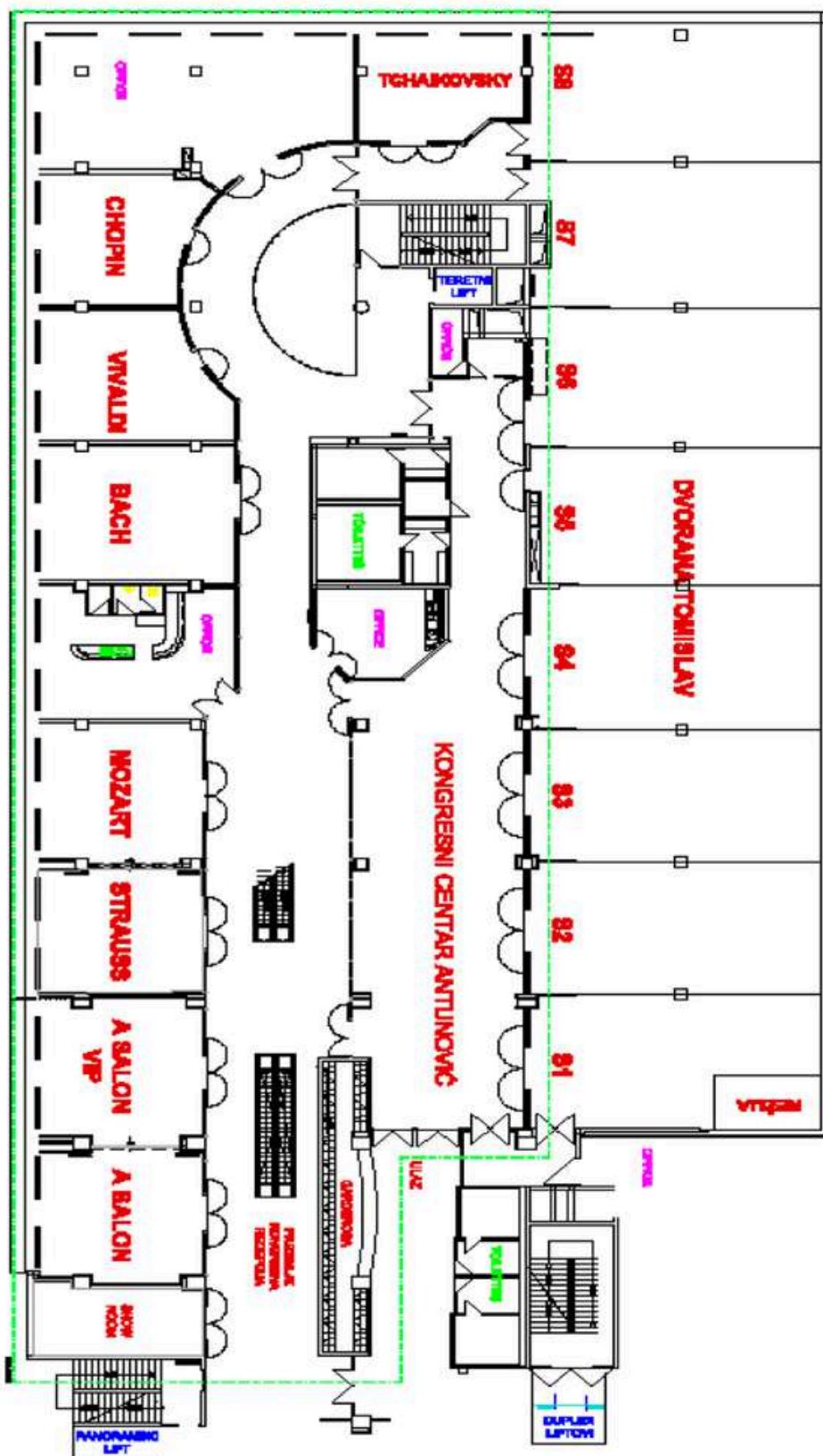
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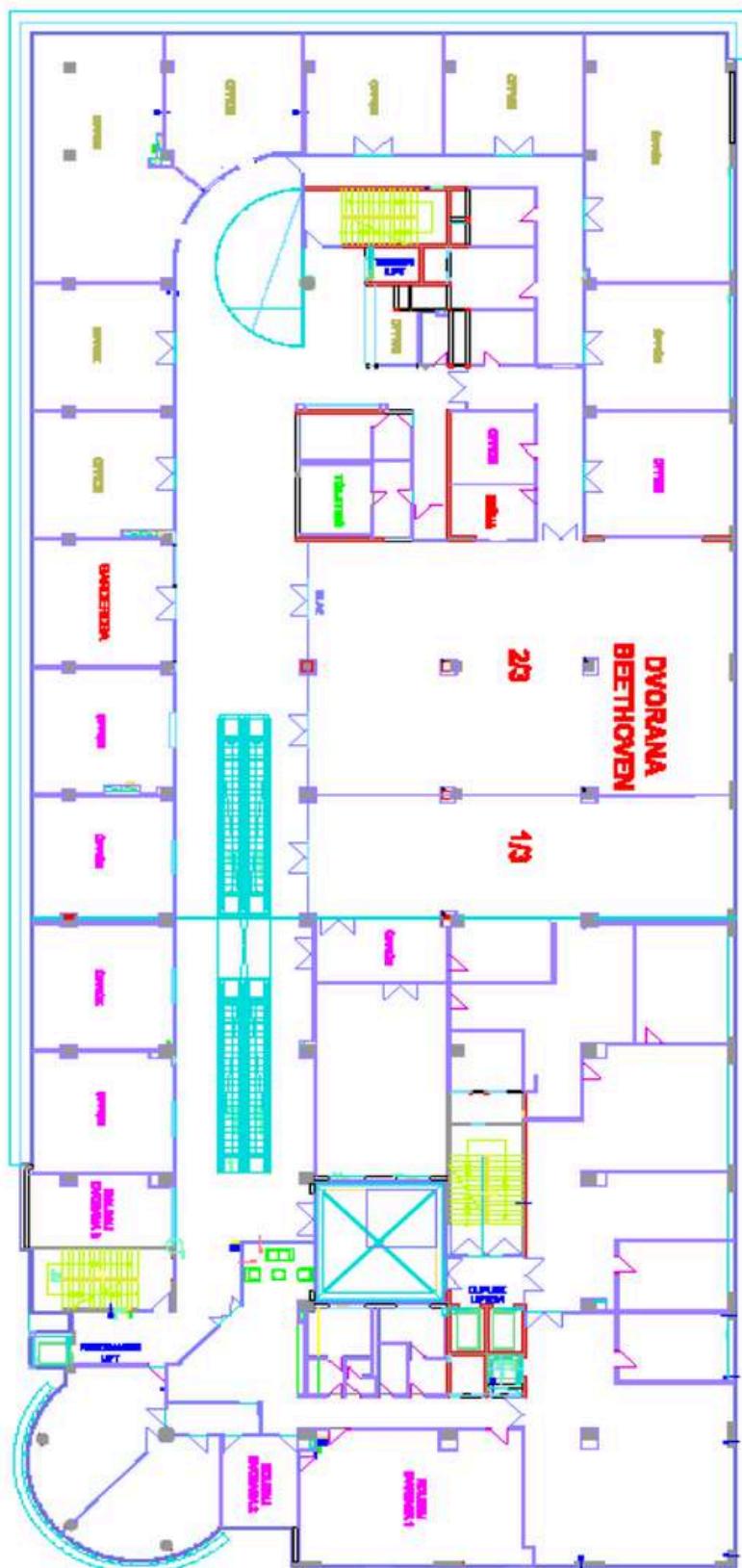


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There is also a direct bus line to Hotel Antunović. The bus leaves from Ljubljanica, line no. 115, in the direction of Špansko, and stops in front of the hotel. Trams no. 3, 9 and 12 run to Ljubljanica from the city center.

PUBLIC TRANSPORT – MAP OF TRAM LINES IN THE CITY OF ZAGREB

